Diocese of the Eastern United States

Vision: To be a community of faith expressing the life and communion of the holy Trinity in the historic Anglican tradition.

Mission: To bring people to Jesus Christ and to incorporate them into the community of faith through our historic Anglican tradition.

St. Alban’s Anglican Cathedral

St. Alban’s is the Cathedral Church of the Diocese of the Eastern United States of the Anglican Province of America. We are a part of the historic Holy Catholic Church, tracing our teaching and ministry to the Apostolic Church, and part of the worldwide Traditional Anglican movement.

CLERGY AND STAFF

The Most Rev. Walter H. Grundorf, D.D., Presiding Bishop & Rector Emeritus

The Rev. Mr. Alton B. Witham (Retired)

Deacon-in-residence

The Rev. Mr. J. Boyd Baker (Retired)

Deacon-in-residence

The Rev. Carol F. Stone, Assisting Priest

Sister Linda Burns, OSB, Deaconess

The Rev. Mark A. Siegel, Assisting Priest

Mr. Rick Robinson, Choir Director and Organist

The Rev. Mr. Carlton A. Bridgewater, Deacon

Mrs. Lisa Ulrich, Cathedral Secretary

Mrs. Teresa Burke, Financial Secretary

Sister Linda Burns, OSB, Deaconess

The Rev. Bartol F. Stone, Assisting Priest

Ms. Bonnie Stanich, RN, Parish Nurse

The Rev. David Keller, Assisting Priest

The Rev. Mr. J. Boyd Baker (Retired)

Deacon-in-residence

Deacon-in-residence

CHURCH VESTRY

Kelli Brodrecht, Sr. Warden

Jackie Dear

Bill Plastuch, Jr. Warden

Robbie Hinselwood

Scott Ritchey, Treasurer

Scott Ryerson

Todd Routson, Secretary

Paul Starks

Mrs. Lisa Ulrich

Cathedral Secretary

Mrs. Teresa Burke

Financial Secretary

Ms. Bonnie Stanich

RN, Parish Nurse

STANDARD WEEKLY SERVICES AND EVENTS

SUNDAY

8:00am Holy Eucharist

9:15am Sunday School & Adult Forum

10:15am Holy Eucharist (Sung)

Nursery available at 10:15 am service

6:00 pm Youth Group (as announced)

TUESDAY

9:30am Women’s Bible Study

Nursery provided

WEDNESDAY

6:00pm Holy Eucharist

Nursery provided

THURSDAY

10:30am Bible Study

12 Noon Mass

7:00pm Young Adult Study Group

(1st & 3rd Thursdays, off-site)

Parish Nurse Hours By Appointment

St. Alban’s Anglican Cathedral

3348 West State Road 426, Oviedo, Florida 32765

stalbans@stalbansfl.com   407-657-2376   www.stalbansfl.org

Visit us on Facebook at: St. Alban’s Anglican Cathedral

Welcome!

We are delighted that you have chosen to worship with us at St. Alban’s. We are blessed by your presence. In this booklet you will find the order of the liturgy. In worship, we use the American Book of Common Prayer, 1928 Edition which is found in the pews. The hymns listed here and on the hymn board in the front of the church are found in the Red Hymnals in your pew. Our Bible readings are provided in this bulletin and Bibles are in your pew if you prefer to look up the passages.

Nursery care is available directly across the courtyard in the middle classroom of our fellowship hall.

The drawing of St. Alban’s Cathedral is the work of Marie Cashion, a member of the parish family.
Silent Processional

**Hymn** (Stand)  
*Hymnal* 56

Collect for Purity (Kneel)  
*Book of Common Prayer (BCP)* 67

Introit  

Summary of the Law  
*BCP* 69

**Kyrie eleison**  
*BCP* 70  
*Hymnal* 710*

Lesson: Exodus 17:1-7  
*Kyle Routson*  

**Psalm 95:1-5**  

Epistle: Romans 5:1-11  

**Gradual Hymn** (Sing full hymn before Gospel)  
*Hymnal* 161

Holy Gospel: John 4:5-26  

**Nicene Creed**  
*BCP* 71

Announcements/Special Blessings

Sermon Hymn (Stand)  
*The Rev. Mr. Aaron Ott*

Offertery Sentences (Stand)  

Offertery (Sit)  

Offertery Music  
*Jesus, My Lord, My Life, My All*—B. Borroughs

**Presentation of Alms** (Stand)

*All things come of thee, O Lord, and of thine own have we given thee.*

**Biddings:** (Kneel) Pray Brethren... *(R) May the Lord receive this Sacrifice at thy hands to the praise and glory of His Name, both to our benefit and that of all His Holy Church.*

Prayer for the Church (Kneel)  
*BCP* 74-75

**Invitation & Confession**  
*BCP* 75

Absolution & Comfortable Words  
*BCP* 76

**Sursum Corda, Sanctus & Benedictus**  
*BCP* 76-77  
*Hymnal* 734 & 797

Canon of the Mass  
*BCP* 80-81

**Lord’s Prayer**  
*BCP* 82  
*Hymnal* 722

Prayer of Humble Access  
*BCP* 82

**Agnus Dei**  
*Hymnal* 712

**Ecce Agnus Dei:** Behold the Lamb of God...  
*(R) Lord, I am not worthy that Thou shouldst come under my roof, but speak the word only and my soul shall be healed.* *(3 times)*

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*Book of Common Prayer can be found in Pew Racks*  
*Eucharist Booklet Service Music = B*
Third Sunday in Lent

Exodus 17:1-7

All the congregation of the people of Israel moved on from the wilderness of Sin by stages, according to the commandment of the Lord, and camped at Raphidim, but there was no water for the people to drink. Therefore the people quarreled with Moses and said, “Give us water to drink.” And Moses said to them, “Why do you quarrel with me? Why do you test the Lord?” But the people thirsted there for water, and the people grumbled against Moses and said, “Why did you bring us up out of Egypt, to kill us and our children and our livestock with thirst?” So Moses cried to the Lord, “What shall I do with this people? They are almost ready to stone me.” And the Lord said to Moses, “Pass on before the people, taking with you some of the elders of Israel, and take in your hand the staff with which you struck the Nile, and go. Behold, I will stand before you there on the rock at Horeb, and you shall strike the rock, and water shall come out of it, and the people will drink.” And Moses did so, in the sight of the elders of Israel. And he called the name of the place Massah and Meribah, because of the quarreling of the people of Israel, and because they tested the Lord by saying, “Is the Lord among us or not?”

Psalm 95:1-5

Therefore, since we have been justified by faith, we have peace with God through our Lord Jesus Christ. Through him we have also obtained access by faith into this grace in which we stand, and we rejoice in hope of the glory of God. More than that, we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope. And hope does not put us to shame, because God’s love has been poured into our hearts through the Holy Spirit who has been given to us. For while we were still weak, at the right time Christ died for the ungodly. For one will hardly die for a righteous person—though perhaps for a good person one would dare even to die—but God shows his love for us in that while we were still sinners, Christ died for us. Since, therefore, we have now been justified by his blood, much more, now that we are reconciled, shall we be saved by his life. More than that, we also rejoice in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Romans 5:1-11

Since we have now received reconciliation, that we also rejoice in God through our Lord Jesus Christ, through whom we shall be saved by his life. More than that, we also rejoice in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Communion of the Faithful (Kneel)
Communion Hymn
Prayer of Thanksgiving
Dismissal and Blessing (Kneel)
Silent Recessional (Chimes only)

Please join us for coffee and conversation in Kimsey Hall Parish House after Mass (take a left out of the church and follow the sidewalk).

PRAYER LIST


FAMILY, FRIENDS & OTHERS: Geraldine, Rafael, Mindi Mari, Winnie, Donna, Lakesha and child, Demetria and child, Cort and child, Leslie, Gary and Erika, Emily, Kathy, Butch, Jacob and Jillian Byers, James, Cherry, Ces, Jerry B., Al, Emily and child, Becky and Drew, Mike M., John, Vanessa, Edmaureen, Matt, Chrisby and child, Neil, Cynthia, Andrea and child, Sonia R., Michael T., Fr. Tom and Linda Burr, Timothy G., Omar, Rohan, Gil, Celina, Tanya, Charles, Elizabeth, John, Christopher, Danielle, Anna, Kes, Sarah, Gina, Bette.

TRAVEL: The Andreasen family, Robbie and Bruce, Sarah, Gary and Lisa, Marie G., John, Katie, Matthew, Bill and Teresa P., Stephanie.

ARMED FORCES: Alex (Army), Selah (Marines), Ken (Navy), Joshua (Navy), Elijah (Marines), Katie (Navy); and all those serving our country at home and overseas, especially those in harms way.

RIP: Albert Pottinger (parishioner and husband of Valda), Hermenia.

New additions this week in italics; Hospital/Rehabilitation Facility in bold.

PRAYER LIST REQUESTS—Please renew any continuing prayer requests for family and friends by the first week of each month. Requests not renewed on prayer lists will be removed.

Please enter any new requests or renew current ones in the space below.

PRAYERS/RECOLLECTIONS: 

Return to God

M. Haugen

Brittany Dixon, soprano

Communion Anthem

Hymnal 208

BCP 83

BCP 84

Hymnal

Hymnal 83

Hymnal 84

Hymnal 1

Hymnal 1

Hymnal 1

Hymnal 1

Hymnal 1
ANNOUNCEMENTS

THE SANCTUARY CANDLE is given to the glory of God and in thanksgiving for the birthday of her husband, Bill Hodgson, by Marilyn Hodgson.

During Lent, only candles are used (other than on Rose Sunday). Donations given during these times go toward the sanctuary candle oil costs. To have your donation listed in the bulletin, please sign-up on the bulletin board in Kimsey Hall Parish House or Grundorf Hall. ($30 suggested donation)

WELCOME TO OUR Newest Members, Kevin and Trudy Ryon!

REST IN PEACE, ALBERT: Our beloved parishioner, Albert Pottinger, entered life eternal on Friday, March 6. Of your charity, please pray for the repose of Albert’s soul. Please also pray for the peace and comfort of his wife, Valda, and the entire Pottinger family. Cards may be sent to Valda at: 4349 Steed Terrace, Winter Park, Florida, 32792. Rest eternal grant unto him, O Lord, and let light perpetual shine upon him.

TUESDAY, MARCH 17, EVENTS: Kimsey Hall Parish House is an election polling site and therefore, the office will be closed. Our staff and vestry meetings will be held in Grundorf Hall during the standard times that day. The Tuesday Ladies Bible Study is cancelled due to Spring Break and will resume Tuesday, March 24.

LENTEN STUDY SERIES continues this Wednesday evening, March 18. Each Wednesday during Lent we will study Great Lent—Journey to Pascha, by Fr. Alexander Schmemann. In preparation for the third session, participants are asked to read chapter 3. Every Wednesday during Lent, 6:00pm Mass is followed by a potluck supper at 6:30pm. The study is from 7:00 - 8:00pm.

STATIONS OF THE CROSS will be held every Wednesday at Noon throughout Lent.

CONFESSIONS are available by appointment with Fr. Ralph.

APA LENTEN APPEAL: Please see both bulletin boards with flyer from our Presiding Bishop, the Most Rev. Walter H. Grundorf, D.D. regarding this year’s Lenten Appeal. Bishop Grundorf is asking that each individual within our churches make a sacrificial Lenten offering of $1.50 a day for the 40 days of Lent (a total of $60 per person), or more as our Lord leads you. Please make checks payable to “St. Alban’s Cathedral” and note “APA 2020 Lenten Appeal” in the memo field.

LENTEN FISH FRY: Save the date! Our annual Lenten Fish Fry will be Friday, March 27; serving time 5:30-7:00pm. Please join us for great tasting fish and fixin’s, and fellowship.

LENTEN RULE: Flyers for guidance on developing your Lenten discipline are available in the Narthex.

LENTEN MITE CARDS are available in the Narthex. All donations help fund the annual APA Lenten Appeal.

IN THANKS: “Shearon and Dave Arnott want to thank you for your continued love and prayers. While this is a difficult time for us we are lifted up by the support and concern you have shown. Please continue to pray that Dave finds peace. Thank you with all our hearts and God bless.”

SUNDAY COFFEE AND DONUTS: Please help us out by leaving a small donation in the collection box each Sunday when partaking of coffee and donuts. If each person gives just a little, it will help a great deal to offset our food and supply costs. Thank you.

LOOKING AHEAD

- March 27: Lenten Fish Fry
- April 5: Palm Sunday
- April 8: Grace ‘N Grits
- April 12: Easter
- April 29: Judge Wieland Memorial Golf Tournament

THE JUDGE BILL WIELAND MEMORIAL GOLF TOURNAMENT is a major fundraiser for St. Alban’s, held annually in loving memory of Judge Wieland, a founding member of St. Alban’s. This is the 27th year! The Tournament will be at Shingle Creek Golf Club on April 29. Brochures are on bulletin boards or you can get more information at www.judgewielandgolf.com.

ECCLESIAL SCHOOLS INITIATIVE (ESI) finalized a lease agreement with St. Alban’s Church recently. This is an exciting step for our parish, and the promotion of affordable classical Christian education in our community. The school is set to open August 2020. Please visit the ESI website for more information: esischools.org.